



ARGYLE  
COMMUNITY  
TRUST

# A CHAMPION YEAR



IMPACT REPORT  
2022/23



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**MARK  
LOVELL**

Chief Executive  
Officer

As the official charitable partner of Plymouth Argyle, we can inspire and empower people in our local communities to take part in our education, health and wellbeing, and physical activity programmes.

Informed by local need and through the dedication of the team, our collaborations with multiple stakeholders, and with the support of our partners, we have continually grown the reach and breadth of our work. Together this has built self-esteem, confidence, and lifelong skills in our participants and has contributed to healthy and cohesive communities.

We are delighted to share the impact this work has had on the people of Plymouth, Devon and Cornwall during the 2022/23 season.



**ANDREW  
PARKINSON**

Plymouth Argyle Chief  
Executive Officer

Plymouth Argyle and its official charity, Argyle Community Trust, has long been associated with strong community links within Plymouth and throughout Devon and Cornwall.

2022/23 was a special season for 'One Argyle' both on and off the pitch. A champion year which saw Argyle win the Sky Bet League One title and return to tier two of English football for the first time since 2010.

This report demonstrates much more than our successes as a football club. It showcases the incredible community outreach work our charity, the club, and its partners carry out every single day.

Supporting those most in need and vulnerable in our communities through a diverse and inclusive range of provisions. I am particularly proud of our landmark social impact project – Project 35, tackling poverty in the region at a time of great hardship for many.

I would like to personally thank everyone involved in making a difference to the lives of the communities we serve.



**RYAN  
RAMSEY**

Chair of the Board  
of Trustees

I have always been exceptionally proud of the impact that Argyle Community Trust has on our communities. My personal link to the charity began when both my children attended the wonderful education programme. I realised then how important the charity is to society in the South West.

Underpinned by an amazing team, the breadth of activity that is provided supports many individuals and communities, and the fact that we adapt so quickly to the needs of others is incredibly impressive.

I hope you enjoy reading this report, and we look forward to continuing and expanding our programmes over the next year and beyond.

# WHO ARE WE AND WHAT DO WE DO?

We are the official charity partner of Plymouth Argyle. We utilise the prestige of football and reach of the Club to inspire, engage, and help people of all ages, genders, races, and socioeconomic statuses.

Our work across Devon and Cornwall focuses on removing barriers to participation and offering opportunities that are accessible to all. We focus on supporting disadvantaged and isolated communities, underrepresented groups, and at-risk children, young people, and adults.



## OUR WORK ALIGNS TO OUR STRATEGIC AIMS:



**Empower people** to overcome inequalities and raise aspirations by providing opportunities and accredited attainment.



**Promote physical participation and wellbeing** by encouraging healthier lifestyles and removing barriers.



**Improve our systems and structures** to ensure we provide quality, efficient services that are value for money.



**Inspire supporters** to engage with our community outreach programmes.

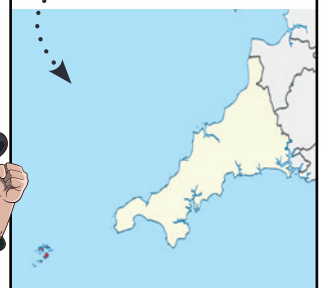


**Understand and measure the impact** of our programmes on the community.



## DID YOU KNOW?

Our work covers over **2,700** square miles including Devon, Cornwall, and the Isles of Scilly



**OUR VISION IS TO 'PROVIDE OPPORTUNITIES TO ALL PEOPLE IN OUR LOCAL COMMUNITIES BY INSPIRING AND EMPOWERING THEM THROUGH SPORT.'**

# OUR YEAR IN NUMBERS

51,366

hours of community engagement delivered to positively impact the lives of people in Devon and Cornwall.

32,360

bespoke sessions delivered to meet local need.

105,138

local people aged between 6 weeks and 95 years old supported.

31%

identify as female.

13%

have a disability.

3 in 4

of our participants live in the top 50% most deprived areas in the country. Our targeted approach means we work with those most in need.

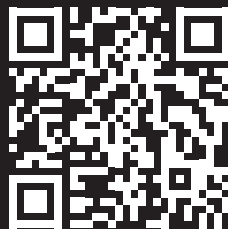
67%

of our delivery sites are located in these areas, making our provisions accessible to those who need it most.

JustGiving™



ARGYLE  
COMMUNITY  
TRUST



As the official charity of Plymouth Argyle, we rely on the generosity of partners and sponsors to allow us to carry out some of the life-changing work we do in the community every day - breaking barriers to participation and improving the life chances of those in need.

You can donate to Argyle Community Trust via our JustGiving page [www.justgiving.com/pafct](http://www.justgiving.com/pafct)

We are committed to providing our community with opportunities and brighter futures, so we align our work to the UN Sustainable Development Goals. We are proud to have contributed towards 13 of these goals during the 2022/23 season.





# CELEBRATING YOUR AWARD-WINNING CLUB AND COMMUNITY TRUST

**In recognition of our work in supporting those in need within our community in the 2022/23 season, Argyle was crowned Community Club of the Season for League One at the EFL Awards, and won Best Corporate Social Responsibility Scheme for Project 35, our groundbreaking social impact project in partnership with Ginsters aimed at tackling poverty, at the Football Business Awards.**

At the Devon and Plymouth Chamber of Commerce Awards, Community Engagement Project Manager Alice Young was named one of the 30 under 30 winners for her outstanding contribution to the community, and we were nominated for the Community Business of the Year.

Andrew Parkinson, Argyle Chief Executive Officer, said: "We are a club proudly embedded in our local community, and these awards are further recognition of our commitment to our city and region."

Sarah has been a volunteer for Project 35

since the very beginning and was asked to join us to attend the House of Commons to collect the EFL League One Community Club of the season award.

A proud Sarah said: "It was an honour! When I received the call to go, I was shocked. I never thought I would have such an opportunity. It was so surreal when we all went up to collect the award. It is well-deserved, and I would have never been in that situation without the Trust. Argyle Community Trust is wonderful, and if they ever need anything like that again, I would love to do it."



# 2022/23 HIGHLIGHTS



## 2022

### JUNE

Project 35 launched, our new community social impact project in partnership with Ginsters aimed at tackling poverty in Devon and Cornwall.

### JULY

Our Charity Golf Day, sponsored by SW Law, raised £10,000 for our disability provision.

### AUGUST

Argyle Under 16 girls players Mia Endacott and Taya Pomfret were called up by the England Under 16s National Talent Camp.

We were named an official FA Emerging Talent Centre to provide girls aged 8-16 with a defined pathway of inclusion, support, and development.







# SEPTEMBER

Colin Bunney announced as our Community Captain as part of the Premier League's 30th anniversary celebrations for inspiring local young people.



# OCTOBER

Argyle's Sky Bet League One fixture against Shrewsbury Town was a dedicated Project 35 Takeover fixture. We collected and donated 2.6 tonnes of food for Plymouth Foodbank.

# NOVEMBER

200 volunteers signed up since Pledge 35, our volunteering scheme supporting Project 35, launched in September.

Argyle Pride held their first LGBTQ+ fixture against Exeter.

# DECEMBER

Manadon Sports Hub opened a Community Café and Warm Space for vulnerable local people to connect.



## JANUARY

We teamed up with Plymouth Argyle to celebrate the EFL's annual Week of Action showcasing some of our most impactful community projects – with the help of some very special guests!



## FEBRUARY

Argyle first team players gave a huge boost to our community work by nominating themselves as Community Ambassadors support specific Trust initiatives that are close to their heart.

Our Charity Cup raised over £2,000, with profits going to support ex-forces veterans and their families through our Veterans Café.

## MARCH

Awarded over £1 million in grant funding from the Community Ownership Fund to support our ambitious plans to redevelop the Devonport Brickfields site.

## APRIL

Argyle named the EFL Community Club of the Season for League One, with the EFL acknowledging the incredible work of Project 35 in tackling poverty in Devon and Cornwall.



# MAY

We invited over 1,000 local school children to Home Park Stadium to take part in the Babcock Community Cup.

Home Park hosted an Argyle Legends and Celebrities Match with over £13,000 raised for Project 35.

Cornwall Post 16 Education were crowned League Champions and National Cup Champions!

# JUNE

Thrifty Car and Van Rental became our official Charity Transport Provider.

Manadon Sports Hub donated sports equipment and clothing to those affected by the war in Ukraine.



**DID YOU KNOW?**

Over the 2022/23 season, there were 73 Argyle player and staff appearances. By attending our sessions, you too could meet your Argyle hero!

# PLAYER APPEARANCES AT OUR COMMUNITY SESSIONS

**"IT WAS THE BEST TIME OF MY LIFE! I HAD AN AMAZING TIME MEETING MY IDOLS!!"**

Jamie, Participant



**"THE BEST PART WAS MEETING MIKE COOPER WHO I WATCH EVERY WEEK. HE WAS SO FRIENDLY AND SIGNED MY SHIRT!"**

Adam, Participant



Here is what Plymouth Argyle midfielder Adam Randell had to say about our community work:

"The work Argyle Community Trust does is so important for the region. As someone from Plymouth who has come through the Academy, I know exactly how much the Club and Trust means to the people of the area and how much of an impact their work has. It is always a pleasure to be a part of their various activities and see first-hand just how much of a difference it makes."





# WORKING TOGETHER WITH LOCAL BUSINESSES TO SUPPORT OUR COMMUNITIES

We were delighted to become the Charity Partner of the Year for Francis Clark, Chartered Accountants & Business Advisers Bright Solicitors, and wholesale food service suppliers and distributors Bidfood. This highlights the appreciation local businesses have for our work, and shows the impact the increased exposure for our charity is having.

Thanks to our strong relationship with the Club, we launched several new projects in partnership with Plymouth Argyle sponsors that created opportunities for local people.

**SCAN ME**



**babcock™**

**450** children inspired through visits to schools with high rates of multi-generational unemployment, low academic attainment, and aspirations to become work-confident and work-enthused.

**1,400** Christmas meals delivered to 200 families who are known to be regular food bank users.

**1,000** local children given the opportunity to play at Home Park Stadium through the Babcock Community Cup.

**PRINCESS**  
CRAFTED IN PLYMOUTH, ENGLAND

**1,000** children of Princess Yachts employees attended our half-term multi-sport roadshows for free.

**1,700** match day experiences provided for young footballers through Devon Junior and Minor League takeover event.

**TWO** play-on-the-pitch experiences provided for employees to reward their hard work and years of service to the business.

To find out more about joining our network of local and national partners, contact Dwain Morgan, Head of Business and Impact, [Dwain.Morgan@pafc.co.uk](mailto:Dwain.Morgan@pafc.co.uk).



LET'S CALL TIME ON POVERTY TOGETHER

# PROJECT 35

**In June 2022 we launched Project 35. Working in partnership with Ginsters and Plymouth Argyle, Project 35 supports local people who are experiencing food insecurity, fuel poverty and/or social isolation and loneliness.**

The project's titular number, 35, represents the percentage of children living in poverty in some wards of our city.

To provide short-term relief from the effects of poverty, we distribute food, hygiene, and

energy supplies. We also deliver education and empowerment sessions to support people to exit poverty sustainably. By creating a community business network, we supply volunteers to food banks struggling to keep up with increasing demand.

## KEY ACHIEVEMENTS FROM THIS PROGRAMME:

**35,270**

Ginsters products distributed to combat food poverty.

**1,500**

meals provided through 307 food hampers to 53 families over nine weeks by the Household Support Fund.

**159**

individuals and families living in temporary accommodation provided with Ginsters products through Grab-a-Ginsters campaign.

**320**

Argyle match tickets donated and 20 matchday mascot experiences given to families who would otherwise be unable to attend.

**13,219**

children in receipt of Free School Meals provided with Ginsters products and enrichment sessions during holiday programmes.

**80**

people attended our Manadon Food Club, which provides weekly access to our food larder and advice on health, money management, and employability.

**41**

tonnes of food and personal hygiene products donated to Plymouth Food Network at two dedicated home fixtures.

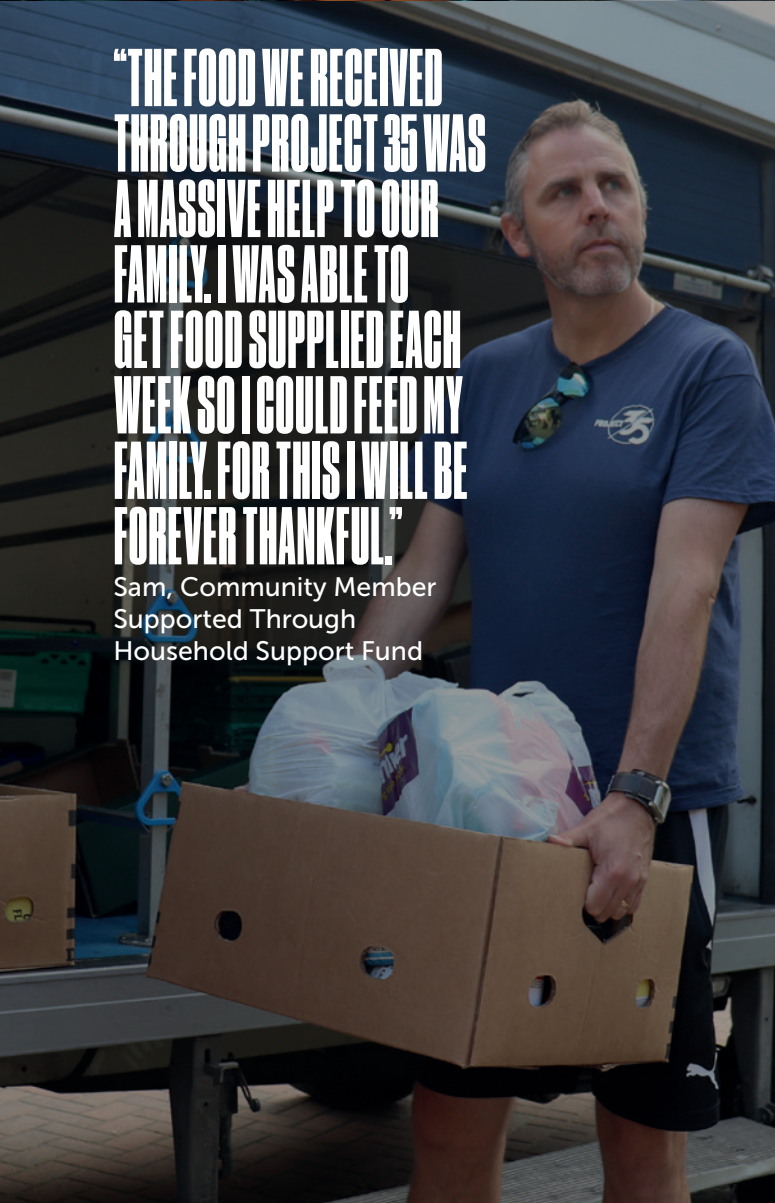
**3**

primary schools completed the Healthy Habits Programme, where they learned about healthy and sustainable eating and created their own social action projects to tackle food poverty.



**"I'VE BEEN AN ARGYLE SUPPORTER FOR 56 YEARS. TO HAVE PROJECT 35 ON THE SHIRT MADE ME REALLY PROUD. I LOOK FORWARD TO CONTINUING MY VOLUNTEERING WORK FOR SUCH A GREAT CAUSE."**

Chris, Pledge 35 Volunteer



**"THE FOOD WE RECEIVED THROUGH PROJECT 35 WAS A MASSIVE HELP TO OUR FAMILY. I WAS ABLE TO GET FOOD SUPPLIED EACH WEEK SO I COULD FEED MY FAMILY. FOR THIS I WILL BE FOREVER THANKFUL."**

Sam, Community Member Supported Through Household Support Fund



# GETTING INVOLVED

**Jenny attended the Argyle in Aprons programme and expressed how much she got from the sessions...**

create new recipes. It's a wonderful experience and it will change your life. I have gone on to do some voluntary work because of this project."

"I have thoroughly enjoyed cooking lessons and I have learnt a lot. I have also grown in confidence, have met some great friends, and it's been good helping one another. It's not just about cooking, we also get useful advice and guidance. It has given me confidence to be more adventurous when creating my own amazing meals at home and is helping my husband cook at home. It has also helped with budgeting strategies which is wonderful. Ginsters came and taught us how to make a Cornish pasty and Argyle Community Trust gave us a slow cooker to

**"THE RESULTS SHOWN IN THE END OF YEAR ONE IMPACT REPORT ARE OUTSTANDING AND PROVE THAT BY WORKING TOGETHER, WE CAN ACHIEVE GREAT THINGS."**

Debbie Moss, Ginsters Brand Communications Co-ordinator





8,177

hours of support provided to 539 people to gain certified qualifications and enter or return to employment.



# PROMOTING EDUCATION AND EMPLOYABILITY OF LOCAL PEOPLE

## Re-engaging local secondary school students

In our COMPASS, Premier League Inspires, and Alternative Provision programmes, we engage students who are marginalised, experience low confidence and/or are at risk of exclusion. We aim to re-engage them with school, whilst improving their mental health and leadership qualities.

Students on our Alternative Provision programme achieved the following outcomes:

- 100% returned to school with no permanent exclusions.
- 100% improved their happiness and self-efficacy.
- 58% reducing their levels of anxiety.

A school impact statement read: "Students returning from this provision appear to have improved motivation to learn and have gained the skills to understand the effect their actions have on those around them and consequently themselves. These short interventions will have an incredible impact on the life chances of these young people."

## Post-16 education opportunities

Delivered from hubs in Plymouth, Cornwall, and Newton Abbot, we deliver a Post 16 BTEC Extended Diploma in Sport. 94% achieved their target grades and 95% recommend the course to a friend.

## Apprenticeships

As an independent apprentice provider, we aspire to provide and engage apprentices in a variety of community settings. We achieved a 100% pass rate, with 60% of learners achieving distinction. We were proud to have been rated Good overall by Ofsted with an Outstanding rating for behaviour and attitudes.

## Higher Education

We work in partnership with Plymouth Marjon University to co-deliver our BA (Hons) Sport/Football Coaching and Development degree. Students gain expertise from academics, professional Football Development Officers, and coaches from Argyle Community Trust.







## CASE STUDY

**2023 Marjon Sport Development and Coaching graduate Rian said:**

"My whole university journey was fantastic. Argyle Community Trust provided me with many opportunities to experience what life was like in the sports sector. They provided me with volunteering opportunities that helped me develop confidence, self-esteem, and aspirations. This allowed me to meet new people and build professional contacts, ultimately leading to me being offered a full-time job at Argyle. Without the support from the Trust and their staff, I would not be where I am today!"



## DID YOU KNOW?

We had 195 learners enrolled on our Further Education and Higher Education programmes. Each course supports young people become university and work-ready.

## DID YOU KNOW?

We provide Post 16 Football and Education programmes in Plymouth, Cornwall and Newton Abbot.



## THE POWER OF THE ARGYLE MARJON PARTNERSHIP

70%

of full-time Argyle Community Trust staff successfully graduated from Plymouth Marjon University.

53%

of managers and project leads, including senior management, attended Marjon University for their studies.



OPEN TO THOSE  
AGED 16-30  
EVEN IF THEY'RE

**SCORE PROJECT**  
**ARGYLE WORKS**  
6 WEEK EMPLOYABILITY PROGRAMME  
**SUPPORT CAREER OPPORTUNITY RECRUITING EMPLOYMENT**



# SUPPORTING ENTRY INTO OR RETURN TO EMPLOYMENT

Through our employability programmes, we aim to increase motivation and self-esteem in our participants and ultimately assist with entry into or return to employment.

## PROJECT SPOTLIGHT

# COMPASS EMPLOYABILITY PROGRAMME

We worked with 66 young people aged 17-24 to deliver classroom-based, practical, and physical activity interventions that develop employability skills and support emotional and mental health. We then provided weekly drop-in sessions to provide ongoing support and assist with their journeys into employment. We also provided free day trips to Home Park Stadium, player meet and greets, and match tickets.

OUR PARTICIPANTS ACHIEVED THE FOLLOWING OUTCOMES:

**32**

successfully gained employment.



**79%**

improved self-esteem/confidence.

**57%**

improved mental health.

**86%**

improved confidence applying for jobs.

**100%**

of work coaches would recommend this course.



# LILY EMPLOYABILITY PROGRAMME



## “I WAS PROVIDED WITH LOADS OF DIFFERENT OPPORTUNITIES THAT WERE BASED ON MY PASSION”

Our programmes aim to support young people into an employment pathway that suits them and their passions. Lily was referred to our programme through Job Centre Plus. Her goal was to develop employment skills for work in the health and beauty sector, along with tools to support her mental health.

During the one-to-one mentoring sessions, Lily and tutor Caitlin explored different colleges and academies that offered relevant courses.

“I enjoyed the mentoring sessions as I felt safe to share any concerns and felt I was provided with loads of different

opportunities that were based on my passion.”

After completing the programme, Lily secured a six-week traineeship with a local hairdressing academy and will now be completing a diploma in hairdressing - congratulations, Lily!



# IMPROVING HEALTH AND WELLBEING

**5,155**

local people supported to reduce social isolation and increase physical activity.

**1,705**

social activity sessions and specific programmes to support those living with dementia, bereavement, and mental health conditions.

**2,427**

hours of positive activity provided for local people.

**1,209KG**

of weight lost by 975 participants on our targeted weight management programmes.

## DID YOU KNOW?

Our health and wellbeing programmes support people from 6 weeks to 95 years old!



## PROJECT SPOTLIGHT

# ACTIVE THROUGH FOOTBALL

We worked with 3,783 adults facing the greatest barriers to physical activity through our Active Through Football Programme, with the ambition of creating long-term behaviour change with physical activity, smoking, alcohol consumption, and diet. We run recreational football, fitness classes, mums' stay and play fitness mornings, and workshops to make sessions as inclusive as possible.

54% of respondents of an Active Through Football survey said the most important reason they joined the programme was to improve their health; 14% wanted to play more football; 11% wanted to meet new people; 10% wanted to lose weight; 9% wanted something fun to do; 2% joined due to friends attending; and 1% wanted to learn new skills.

During the programme, we have had 3,783 total attendances. 74% of these came from the top 30% most deprived areas. Participants achieved the following outcomes:

**88%** improved confidence.

**93%** increased physical activity.

**95%** improved physical health.

**89%** improved mental health.

**50%** reduced use of alcohol, cigarettes, or drugs.



# MATT ACTIVE THROUGH FOOTBALL WHITLEIGH PARTICIPANT



**“THE PROJECT HAS HAD A MASSIVE IMPACT ON MINE AND MY FAMILY’S LIFE”**

“I started attending sessions at a particularly difficult point in my life where my fitness, mental, and overall health had really fallen off. I’ve had nothing but support from both the Active Through Football team and the other participants which has helped me not only improve my fitness but give me some good quality time with others away from any issues at home. I’ve also had doors opened in terms of other support and have started working part-time at Plymouth Argyle.

“I also had the honour of attending the House of

Commons as a guest of Argyle Community Trust to talk about the programme, share my experiences, and accept the Community Club of the Season Award with the team.

“The project has had a massive impact on mine and my family’s life. I’m looking after myself a lot better and can look forward to getting back into work and having a life I can be proud of again.”

Our programme positively impacts our communities as well as our participants.

**Reverend Rob Fowler, Vicar at St Chad’s Church, Whitleigh said:**

“Our partnership in this deprived neighbourhood has thrived and brought many people together. I see women spilling out of the nearby Salvation Army, seeing relationships form, and confidence built. I have known these women for a while and know how hard it would have been for them to engage in something new. I can’t speak more highly of this arm of the Trust’s work.”



**We run Premier League Primary Stars and Joy of Moving programmes in primary schools, along with a full syllabus of PE and teacher development sessions and lunchtime and after school clubs.**

We are passionate about people with disabilities accessing the same level of activity as their peers. Our inclusive programmes include PE lessons, after school clubs, and one-to-one support in special educational needs and disabilities (SEND) schools. We also support young people with learning disabilities and autism through the All Move programme.

**10,676**

During school holidays, our Fit and Fed, Holiday Activities and Food programme, and Roadshows promote child engagement in sport whilst supporting families in need of childcare and healthy food. We have engaged 10,676 children across 6,340 hours of physical activity and have provided 10,594 healthy lunches.

**71,769**

young people supported over 33,140 hours in school lessons and holidays to promote physical activity, the enjoyment of movement, and development of healthy lifestyle habits.



# BUILDING SAFE AND INCLUSIVE COMMUNITIES

Our mission is to raise aspirations and reduce crime and anti-social behaviour in some of the city's most high-need areas.

## Premier League Kicks

Our staff work alongside Detached Youth Workers to run free football sessions and workshops on topics such as criminality, unemployment, racism, sexism, health, and sexuality.



2,522

hours of community development work led by our coaches and delivered to 1,519 young people.

278

young people engaged in our NCS programmes, which saw them take part in outdoor activities, workshops, and youth-led social action.

8,340

hours of voluntary work contributed to local causes. Some continued onto our Changemakers Programme or volunteering their time for Project 35. We also engaged local schools in our Skills Booster sessions, in which our staff delivered guidance on topics including careers and employability.

## PROJECT SPOTLIGHT

# BREAKING THE CYCYLE



In this programme, funded by Safer Streets, 20 young people at risk of becoming young offenders, and some of whom had suffered from adverse childhood experiences, were selected for one-to-one mentoring.

Through regular contact and engagement, we produce individual development plans and help build pathways for young people who face additional challenges in their development.

"The programme helped me gain confidence by trying new things like cooking new foods and starting boxing, or gaining the ability to have a conversation without being shy. The project has allowed me to take the right steps in my life and not go down the wrong path. Kadus has helped me accomplish that along with many more things such as showing me ways to cope with things I don't like doing or don't want to do. I thank Kadus for every step he's helped me get to and the person he has helped me become today."

**Travis James, Breaking The Cycle Mentee**







## PROJECT SPOTLIGHT

# CULTURE FEST

We continued to promote equality, diversity and inclusion in schools with the ambition of building safer and more inclusive communities for all.

Working with eight students at Ivybridge Community College, we established a Student Council, with young people discussing their experiences of racially motivated incidents and how best to protect and support people of different ethnicities.

We guided the students to suggest policy changes that they hoped to implement and they put together their ideas of how to celebrate different cultures. They created a Culture Fest, with 250 students taking part. Next year, the school hopes to expand this to include all 4,000 students as part of an annual event.

“Thank you to Kadus Smith, Argyle Community Trust Youth Intervention worker, and Ben Dunks, Relationships Education, for the work they have been doing to raise awareness of anti-racism. We were delighted to launch the inaugural Culture Fest, where guest speakers and interactive workshops provide further opportunities to educate and promote anti-racism, equality, diversity, and inclusion. We will be inviting parents to attend an open forum next term to feed back on work to date and to engage the wider community on this matter.”

**Headteacher,  
Ivybridge Community College**

“We saw Culture Fest as an opportunity to celebrate differences, and use it as an experience for young people to be proud of their culture and an educational piece to raise awareness of the types of challenges and racism young people can experience.”

**Kadus Smith,  
Argyle Community Trust Targeted  
Youth Mentor**





# DEVELOPING LOCAL FOOTBALL TALENT

26,156

local footballers supported across 5,101 hours of training to develop skills and enjoyment of the game.



Local players are invited to our player pathway from Progression Centres and Centre of Excellence onto the pre-academy Elite Hubs, with sessions improving technique and understanding of the game.

players went on to trial for the Argyle Academy - eight of these signed their first professional contract.



16

120

male players progressed along this pathway.

## DID YOU KNOW?

Former Long Term Player Development Centre and Centre of Excellence player Jack Endacott made his Plymouth Argyle debut in the 2022/23 season in their 3-1 victory against MK Dons.



# RIANA JUNIOR ABILITY COUNTS PROGRAMME

Six years ago, Riana joined our Junior Ability Counts programme having not enjoyed sport before. Junior Ability Counts encouraged Riana to get involved and removed barriers to participation.

“The main reason for joining the programme

was because the session was created for people with disabilities. I really enjoy each session because they are fun, and I really like the coaches. My favourite thing to do in sessions is shooting, dribbling through the cones, and playing matches.

These sessions have changed my opinion on sports. Before these sessions I would never have thought of trying basketball or any other sports. I really like

making friends at these sessions, we have lots in common, and we all get on really well because we have the same interests.”

**“THESE SESSIONS HAVE CHANGED MY OPINION ON SPORT”**

## IMPACT SPOTLIGHT

# CREATING OPPORTUNITIES FOR FOOTBALLERS WITH DISABILITIES

We provide football training sessions and leagues for players with disabilities as we strive to make football accessible to all.

We provide training sessions for our two junior and three adult teams, consisting of 82 players, as part of our Adult and Junior Ability Counts programmes. Our teams enter competitive leagues that are open to footballers with PAN disabilities. To further develop local football talent,

16 of our junior players train at our local Para Talent Hub, in partnership with Devon FA.

We have expanded the breadth of our provisions to include powerchair football sessions and sessions for participants with hearing impairments in partnership with Plymouth Deaf Society. In doing so, we have expanded our provisions for participants with disabilities by 35%.



## DID YOU KNOW?

We inspired 4,794 local children and adults through our match day experiences this season - that's almost one third of the capacity of Home Park stadium!

Our Adult Disability team were runners up in the 2022/23 season whilst our Adult Intermediate team won the Fair Play award! Congratulations to all involved!





## ERIN

"I joined the Advanced Development Centre pathway when I was ten and have remained with Argyle ever since. I worked directly with the first team coaches, who provided an insight into how they wanted us to play which meant opportunities for transitioning were greatly improved. In my last season of U16s I was selected for the Ireland Women's U16 squad which allowed me to experience regular training camps and international tournaments.

My understanding of teamwork and tactical awareness, nutrition and fitness developed with each of these experiences. When I turned 16 I felt confident that I would be able to adjust to the demands of first-team football. The coaches showed they had confidence in me, which was important, giving me my first-team debut on my birthday."



## IMPACT SPOTLIGHT

# WOMEN AND GIRLS

We develop local female footballing talent with our female-specific player progression pathway - from our U11s Wildcats programme through to the Plymouth Argyle Women First Team, who play in the FA Women's National League Southern Premier Division.



5,533 women and girls took part in coaching and development as we continue to inspire female players.

14 players have been called up to play at national training camps through our pathway.

1,518 fans showed their support for Argyle Women by attending matches at Home Park Stadium.

### DID YOU KNOW?

The furthest our women's first team travelled for an away fixture was to play against Ipswich Town FC Women - a round trip of 632 miles!

# CREATING FACILITIES THAT SUPPORT LOCAL PEOPLE

We provide fantastic opportunities for the community at our Community Hubs to engage in affordable sport and physical activities, aimed at promoting physical and mental wellbeing at our cricket, football, bowls, and tennis facilities. Through a diverse range of beneficial offerings at both community hubs, we encourage people to take part and enjoy the advantages that movement brings.

Our community hubs boast indoor spaces, ensuring that everyone can participate in a variety of activities. Our community halls are multi-purpose and provide spaces

for gatherings, health activities, and events, and teaching rooms that offer opportunities for learning and skill development. We strive to create an inclusive environment for all. We understand that physical activity comes in many forms, and our commitment to supporting diverse interests is reflected in the range of spaces we offer to the local community.

We had a remarkable **164,000** individuals attend our venues across the 2022/23 season.

**67,145** football participants at Manadon Community Hub have used our grass and 3G

pitches across **1,846** sessions equating to **3,528.75** total session hours.

We proudly hosted **28** adult cricket fixtures and 15 junior fixtures which saw a total of **946** enthusiastic participants taking part and showcasing their love for the sport.

Across the year, **14,000** people have visited our Central Park Hub.

We were delighted to witness such strong numbers, as it reflects the value and importance our facilities hold for local residents. The

increased attendance compared to previous years underscores the effectiveness of our efforts to create an inclusive and diverse space that caters to a range of interests and activities.

Fostering a strong sense of community and enhancing social connections is at the heart of what we do. We actively rent out our function rooms to local businesses as well as hosting local events that bring our surrounding communities together, combating loneliness, and promoting social cohesion.





# CREATING FACILITIES THAT SUPPORT LOCAL PEOPLE

## WARM SPACE

Manadon Community Hub transformed into a Warm Space during winter, regularly attracting 30 people every Friday. As we entered spring, we turned it into a lively Community Café on Friday mornings. It is now a cherished spot where locals gather and enjoy each other's company.

## WEEKLY QUIZ

Community events such as our weekly quiz and bingo nights continued throughout the year with regular events being attended in strong numbers.

**1,400**

different individuals enjoyed our seasonal events such as Easter, Halloween, and Christmas, creating cherished memories and strengthening the community ties for those most in need of support.

## AFFORDABILITY

Our commitment to supporting local community businesses shines through in our range of function room offerings. Our office rental space, conferencing, and hospitality facilities have played a vital role in bolstering the growth of community businesses. With a focus on affordability, we offer competitive hire fees, including exclusive block booking discounts, tailored to suit the needs of local community groups.

**8,200**

people have utilised our function rooms with over 50 private and commercial events being hosted. All profits reinvested back into improving our community offer and reducing fees for local people.

# OUR RESIDENT CLUBS

We take great pride in collaborating with numerous grassroots sports teams across multiple sports, all of whom found a welcoming home at Manadon during the 2022/23 season.

Our Resident Clubs...

**Plymouth Argyle Women**  
(Training and Matchplay)

**Argyle Community Trust Post-16  
Education Programme**

**Plymouth Argyle Women U23**  
(Matchplay)

**Plymouth Marjon University**  
(U16 St John Matchplay)

**Plymouth United**  
(Youth Training)

**SB Frankfort**  
(Club Training)

**Ivybridge Town 2nd**  
(Team Training)

**YMCA Kitto**  
(Training)

**Plymouth Parkway Youth**  
(Training)

**Plymouth Parkway**  
(U11 and U12 Matchplay)

**Inter City FC**  
(U9 and U13 Matchplay)

**Woolwell FC**  
(U15 Matchplay)

**Tamerton Foliot FC**  
(U11 and U12 Matchplay)

**Millbridge FC**  
(1st and 2nd Matchplay)

**AFC Moutwise**  
(Matchplay)

**Plymouth Civil Service and  
Roborough Cricket Club**  
(Matchplay)



# PARTNERS

Our national and local partners have played a pivotal role in creating the impact showcased in this report and have been essential to the success of Argyle Community Trust in achieving its strategic objectives.

We express our gratitude for their invaluable contributions, providing financial support, practical assistance through their workforces, in-kind support, volunteers, networking, and advocacy for our cause. We extend our thanks to all our partners and look forward to our ongoing collaboration and growth for the benefit of our communities.

## NATIONAL

## LOCAL



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